**Building a Sense of Well-Being**

**In Your Students:**

**Addressing the “T” in the Na Hopena**

**A’O Outcomes Framework**

**LE 185599**

**June-November 2020**

**SECTION 1.**

**Need Assessment Rationale:**Participants will identify **2** students that they believe would benefit most from learning about and practicing a healthier lifestyle. Each of the 2 assessments must address the rationale for the selection of the student and provide examples to support their assessment. A caption is required for each assessment (**2** captions). (Student Centered)

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| **Student #1**  Student name:  Rationale for choosing this student (provide examples to support your rationale). |
| **Student #1 Caption**  What the document is?  Why it is evidence?  What it is evidence of? |

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| **Activity #2**  Student name:  Rationale for choosing this student (provide examples to support your rationale). |
| **Student #2 Caption**  What the document is?  Why it is evidence?  What it is evidence of? |

**SECTION 2.**

**Action Plan (Proposal):** Participants will propose **2** actions and describe how each activity/lesson will help their student’s understand of what it means to lead a healthy lifestyle and the benefits of making choices that improve their body, mind and spirit. They will also describe how they plan to implement each activity/lesson. A caption is required for each proposed action (**2** captions). (Activity/Action Centered)

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| **Activity #1**  Action:  How they plan to implement it: |
| **Activity #1 Caption**  What the document is?  Why it is evidence?  What it is evidence of? |

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| **Activity #2**  Action:  How they plan to implement it: |
| **Activity #2 Caption**  What the document is?  Why it is evidence?  What it is evidence of? |

**SECTION 3.**

**Instructor/Peer Feedback:** Participants will communicate each of their **2** activities/lesson with the instructors and their peers seeking feedback on how to make each of those activities/lessons more beneficial for their students. The participant will reflect on the feedback from both the instructors and their peers and indicate any changes they will make in the activities/lessons they will implement. A caption is required for the feedback for each activity/lesson (**2** captions). (Collaboration Centered on Teacher Growth)

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| **Instructor/Peer Feedback Reflection Activity #1**  Instructor feedback:  Peer feedback: |
| **Instructor/Peer feedback caption:**  What the document is?  Why it is evidence?  What it is evidence of? |

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| **Instructor/Peer Feedback Reflection Activity #2**  Instructor feedback:  Peer feedback: |
| **Instructor/Peer feedback caption:**  What the document is?  Why it is evidence?  What it is evidence of? |

**SECTION 4.**

**Implementation:** Participants will implement the **2** activities/lessons and document the results in a case study template provided.  Participants will gather student evidence that will be included in each case study. A total of **2** case studies. A caption is required for each case study (**2** captions). (Activity/Action Centered)

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| **CASE**  **STUDY MANAGEMENT** | Date of Action: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­­­­­­­­­­­­­\_\_\_  Student #1: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Need(s) Addressed |  |
| Summary of Action(s) |  |
| Result(s) of Action  (Student evidence) |  |
| Next Steps |  |
| Evaluation |  |

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| **Case study caption:**  What the document is?  Why it is evidence?  What it is evidence of? |

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| **CASE**  **STUDY MANAGEMENT** | Date of Action: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­­­­­­­­­­­­­\_\_\_  Student #2: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Need(s) Addressed |  |
| Summary of Action(s) |  |
| Result(s) of Action  (Student evidence) |  |
| Next Steps |  |
| Evaluation |  |

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| **Case study caption:**  What the document is?  Why it is evidence?  What it is evidence of? |

**SECTION 5.**

**Implementation Reflection:**Participants will provide a written reflection for each activity/lesson (**2** reflections) that addresses how their activities/lessons impacted their student's total well-being, identifying which activities/lessons they will continue to use in the future, what activities/lessons they will refine, or which ones they will discontinue using. A caption is required for each case study reflection (**2** captions). (Activity/Action Centered: Student & Teacher Growth)

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| **Implementation Reflection Activity #1**  Write reflection here |
| **Culminating reflection caption:**  What the document is?  Why it is evidence?  What it is evidence of? |

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| **Implementation Reflection Activity #2**  Write reflection here |
| **Culminating reflection caption:**  What the document is?  Why it is evidence?  What it is evidence of? |

**SECTION 6.**

**Culminating Reflection:**  Participants will reflect on their personal and/or professional growth though this learning process.  They will provide a summary of information learned and how they can apply it to meet the needs of future students.   (Teacher Growth Centered)

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| **Culminating Reflection**  Write reflection here |
| **CULMINATING REFLECTION CAPTION:**  What the document is?  Why it is evidence?  What it is evidence of? |